

## **SV Counselling Services/ Newcastle Hypnotherapy Client Intake Form**

*(Use reverse of form to provide details if necessary)*

Name:			
Street:			
Suburb:			
Postcode:		Date of birth:	
Medicare No:		<i>Expiry date:</i>	
Pension No:		<i>Expiry date:</i>	
Home phone no:		Mobile phone no:	
Email address:			
Occupation:			
Emergency Contact details:			

### **Referral details**

GP Name and Provider No			
GP Address			
GP Phone		Referral Date	

Please describe the issues that brought you here	
Please provide details of any medical issues/illnesses	
List current medications for depression / anxiety, etc	
If you have had counselling before, please provide brief details	

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How did you find out about this Practice?

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**This section is for clients attending for hypnosis:**

If you were to close your eyes, could you visualize an image or scene if it was described to you?

Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever been hypnotized before? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, by whom? \_\_\_\_\_

Do you believe you were hypnotized? \_\_\_\_\_

Why/why not? \_\_\_\_\_

In general, how did it go for you? \_\_\_\_\_

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Reason you have come here

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When and under what circumstances did this issue begin?

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How has this affected your life?

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Has it ever been different? How?

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What specifically about your issue is leading you to seek help NOW?

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Do you associate any of these emotions with your issue?

Abandonment \_\_\_\_ Anger \_\_\_\_ Anxiety \_\_\_\_ Boredom \_\_\_\_ Depression \_\_\_\_

Embarrassment \_\_\_\_ Fear \_\_\_\_ Frustration \_\_\_\_ Grief \_\_\_\_ Happiness \_\_\_\_

Loneliness \_\_\_\_ Loss \_\_\_\_ Relaxation \_\_\_\_ Sadness \_\_\_\_ Shame \_\_\_\_

Others \_\_\_\_\_

Please list at least SEVEN benefits that you would receive by making the change/s that you have come here to work on:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

I acknowledge that the above details and other information I provide during my treatment will remain confidential, unless my therapist believes there is a clear risk to the safety of myself or others.

I acknowledge that a Cancellation Charge is payable if I give less than 24 hours notice of cancellation. This Charge is equal to 50% of the Consultation Fee, and must be paid prior to my next appointment.

Signature \_\_\_\_\_ Date \_\_\_\_\_